



Lullaby Lucy

September Classes Times

Day	Start Time	Finish Time	Class	Age	Term Start	Term End	Venue
Tuesday	10:15	11:00	Advanced Baby Yoga	From 18 wks	15th Sept 5 wk Course	13th Oct	Studio One, 147a Towngate, Leyland, PR25 2LH
Tuesday	11:45	12:30	Baby Massage & Yoga Fusion	From 8 wks	15th Sept 5 wk Course	13th Oct	Studio One, 147a Towngate, Leyland, PR25 2LH
Tuesday	13:15	14:00	Baby Massage	From Birth	15th Sept 5 wk Course	13th Oct	Studio One, 147a Towngate, Leyland, PR25 2LH
Wednesday	10:15	11:00	Baby Massage	From Birth	16th Sept 5 wk Course	14th Oct	Studio One, 147a Towngate, Leyland, PR25 2LH *
Wednesday	11:45	12:30	Baby Massage & Yoga Fusion	From 8 wks	16th Sept 5 wk Course	14th Oct	Studio One, 147a Towngate, Leyland, PR25 2LH *
Wednesday	13:15	14:00	Advanced Baby Yoga	From 18 wks	16th Sept 5 wk Course	14th Oct	Studio One, 147a Towngate, Leyland, PR25 2LH *
Thursday			Baby Massage	From Birth	Class will be returning 2021		Chakra Yoga Studios - 62a Liverpool Road, Penwortham, PR1 0DQ
Thursday	12:00	12:45	Baby Massage & Yoga Fusion	From 8 wks	17th Sept 5 wk Course	15th Oct	Chakra Yoga Studios - 62a Liverpool Road, Penwortham, PR1 0DQ
Thursday	13:30	14:15	Advanced Baby Yoga	From 18 wks	17th Sept 5 wk Course	15th Oct	Chakra Yoga Studios - 62a Liverpool Road, Penwortham, PR1 0DQ

* Buckshaw Hub classes returning on Wednesdays in November 2020

Class Updates

No groups to cross.

Cleaning time between classes.

Hand sanitizer upon entering.

Baby Massage oil is included in the price of the massage course.

Yoga Sensory Equipment Set is included in the price of the yoga course.

There will be 2 meters between all mats.

Please bring small pillow or cushion to prop baby up if required.

Mats will be cleaned before each session but please bring your own mat if you would prefer