



## November Classes Times

| Day       | Start Time | Finish Time | Class                      | Age                            | Term Start Date | Term End Date | Venue  |
|-----------|------------|-------------|----------------------------|--------------------------------|-----------------|---------------|--|
| Tuesday   | 10:15      | 11:00       | Advanced Baby Yoga         | 18 wks<br>until unable to hold | 5th Nov         | 10th Dec      | Studio One, 147a Towngate, Leyland, PR25 2LH                     |
| Tuesday   | 11:30      | 12:15       | Baby Massage & Yoga Fusion | 8 wks<br>until unable to hold  | 5th Nov         | 10th Dec      | Studio One, 147a Towngate, Leyland, PR25 2LH                     |
| Tuesday   | 12:45      | 13:30       | Baby Massage               | From Birth                     | 5th Nov         | 10th Dec      | Studio One, 147a Towngate, Leyland, PR25 2LH                     |
| Wednesday | 13:15      | 14:00       | Baby Massage & Yoga Fusion | 8 wks<br>until unable to hold  | 6th Nov         | 11th Dec      | The Hub - Buckshaw Village, Chorley, PR7 7HZ                     |
| Wednesday | 14:15      | 15:00       | Advanced Baby Yoga         | 18 wks<br>until unable to hold | 6th Nov         | 11th Dec      | The Hub - Buckshaw Village, Chorley, PR7 7HZ                     |
| Thursday  | 11:30      | 12:15       | Baby Massage               | From Birth                     | 7th Nov         | 12th Dec      | Chakra Yoga Studios - 62a Liverpool Road,<br>Penwortham, PR1 0DQ |
| Thursday  | 12:30      | 13:15       | Baby Massage & Yoga Fusion | 8 wks<br>until unable to hold  | 7th Nov         | 12th Dec      | Chakra Yoga Studios - 62a Liverpool Road,<br>Penwortham, PR1 0DQ |
| Thursday  | 13:30      | 14:15       | Advanced Baby Yoga         | 18 wks<br>until unable to hold | 7th Nov         | 12th Dec      | Chakra Yoga Studios - 62a Liverpool Road,<br>Penwortham, PR1 0DQ |